TIPS ON MENTORING GRADUATE STUDENTS

Deciding to mentor. Engage the questions above to determine your capacity and willingness to mentor.



To better help you determine this, have a meeting with the potential mentee. Ask them to think about the same questions. Additionally, ask them other questions that you believe are relevant. These might include their goals/dreams, experiences (academic, personal (if relevant). You might ask the student what needs he/she/they have regarding skills they want to develop, preferred ways of interacting and engaging, and level of support from others.

Be willing to share your own goals, values, experiences, and approaches to engagement.



The more clear that you and the potential mentee are as well as the more information you have, the more likely you are to make a decision that will serve you both well.

Once the mentor/mentee relationship is established, developing an action plan together.



It might be useful for you and the mentee to first develop individual plans for your relationship and then come together to develop a mutual plan. This will allow you both to define what your expectations are for each other, boundaries for the relationship, how you propose to achieve goals, what resources or opportunities will be developed throughout the relationship. Additionally, you might determine a timeline and an assessment plan in order to regularly consider how the relationship is going and how you might modify it or adjust it accordingly.

Once the mentor/mentee relationship is established, encouraging and modeling openness and sharing.



For the greatest success to be attained, you as the mentor should consider sharing relevant experiences and lessons (both good and bad) with your mentee. Share new ideas and ask your mentee what he/she/they think. This can build confidence, competency, and respect in your mentee. In addition, it might also lead you to new knowledge, insights, and understanding.

When it is time to end the mentoring relationship, ending it graciously.



In every case, for host of reasons, the nature or the benefits of the mentor/mentee relationship will change and lead to a time when it should come to an end.

Two things to keep in mind when that time comes are:

- Share your appreciation for the relationship
- Describe the positive ways that you have been changed by the relationship.

 Where appropriate, connect mentee to other resources or individuals for further development

This is just a brief overview on how you can approach the mentoring process.

Key ideas to keep in mind are:

Mutually beneficial relationship

Mutual expectations and goals

It is important to share and be clear about the mutual expectations and goals and to develop and regularly assess a plan of action.

Appreciation

When it is time to end it, do so with appreciation for what has been learned.

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